

September 2021 Newsletter

Editor's Message

By Jess Young

Hi everyone,

I hope you and your family are all okay and keeping well?

Unfortunately due to continued covid restrictions, there are no SSMBA face-to-face events this month. The **School Forum** will be held online on *Wednesday 15th September, 7pm—9pm* with a range of education and allied health guest speakers discussing transition to preschool and primary school. Please register your attendance on TidyHQ, see flyer above for more details.

For members unable to attend the online school forum and seeking information on transition to preschool and primary school, please also see the AMBA webinar, '[School Readiness—Developmental Considerations for Multiples](#)'. This webinar is FREE for SSMBA members, please use code: school1members

From next month, the amazing Amanda Adams will be taking over as Newsletter Editor. I will continue to be active within the SSMBA Committee and I look forward to seeing you soon when our face-to-face events resume again.



SSMBA
Southern Sydney Multiple Birth Association

EVENT UPDATE:
August/September 2021

All SSMBA events, playgroups & playdates are currently on hold until further notice.

Families who have already registered for events will be contacted closer to the date with updates.

The current Covid-19 restrictions for Greater Sydney & your family's health is important to us.

Please stay safe!

STAY HOME
STAY SAFE



SSMBA Volunteer of the Year—2021

By Gai Patterson



Danielle is our 2020/21 Volunteer of the Year because she always goes above and beyond for her fellow parents of multiples.

After previously doing a stellar job as the Macarthur area rep, growing that region of our club significantly, she then put her hand up to be President in 2020, in a year of uncertainty. With clear goals she has focused on what's important for our members and that was to ensure they feel connected and part of our community. She prioritized getting as many events on the calendar as possible, starting with online and adding face to face events as soon as we were able to. She's always looking for new opportunities and ideas for fundraising or events.

Danielle is a pleasure to work with on the committee, always looking for ways to make SSMBA and the committee better, happy and welcoming of new committee members and doesn't ask anything of us that she wouldn't be prepared to do herself. She goes over and above in giving of her time to talk & meet with committee members, driving long distances if needed to get things done.

Danielle has been a great asset to our club bringing a practical approach that's supportive and delivering on the needs of our community. Her strong communication and organisation skills, coupled with her reliability, has led the committee through a really tough year feeling more supported than ever.

2021/2022 SSMBA Committee

By Danielle Hope

President	Danielle Hope
Vice President	Gai Patterson
Treasurer	Deborah Shaun Dutton
Secretary	Jess Young
Membership Manager	Amy Seidel
Area Reps	Kate Alger, Sam Punch, Lisa Turner, Jessica Mackay & Lauren Kate
Playgroups	Sherelle Palummo & Kim Cook
Expectant Parents Contact	Amy Pappas
Equipment Hire	Natalie Hunt
School-Aged Multiples (SAM) Contact	Laura Makkouk
Higher-Order Multiples (HOM) Contact	Ally Buckley
Dad's Contact	Luis Dal Bello
Advertising	Renata Macri
Entertainment Passes	Lissa Cheng
Newsletter	Amanda Adams
Social Media	Whitney McAuliffe & Casey Fox
General Committee	Jess Ann, Tessa Mitchell, Helena Sullivan, Ashley Siddons, Lauren Freeman, Sarah Campbell, Erin Harris, Kylie Newman, Eryn Bond, Louise Curry, Rebecca Jaye Soo, Shayley Ennis & Hannora Normoyle

Thank you to ALL of our past and present committee members who give their time away from their families to create great events for members, to support families in need, and to plan for the future of SSMBA.

We still have plenty of room on our committee for more helpers. Please contact anyone on the committee for further information on what is involved, because a volunteer-run club is only as good as you make it, so we would love your help.

Please see the AGM Minutes and Annual Report attached.



Happy 5th Birthday Zoe & Georgia

We love you the heapest of heaps.

Mummy & Daddy xxx



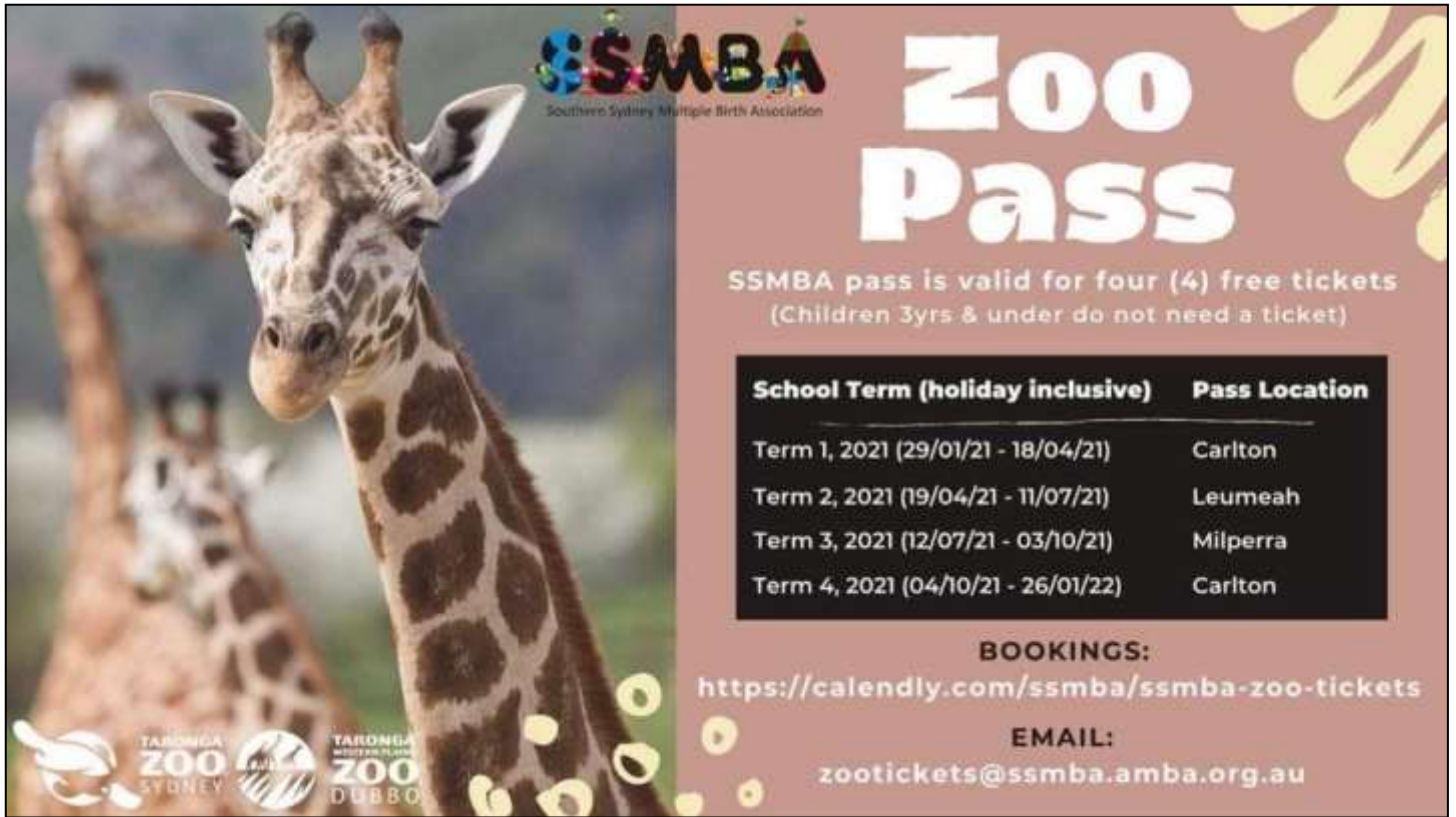
Happy 1st Birthday Ellie & Mila

Wishing our beautiful baby girls the happiest 1st birthday. We can't believe you've been here with us for a whole year! We have loved watching you grow up and look forward to the adventures waiting for you in the years to come.

Lots of love,

Mummy, Daddy and your big brother Noah

SSMBA Passes



ZOO Pass

SSMBA pass is valid for four (4) free tickets
(Children 3yrs & under do not need a ticket)

School Term (holiday inclusive)	Pass Location
Term 1, 2021 (29/01/21 - 18/04/21)	Carlton
Term 2, 2021 (19/04/21 - 11/07/21)	Leumeah
Term 3, 2021 (12/07/21 - 03/10/21)	Milperra
Term 4, 2021 (04/10/21 - 26/01/22)	Carlton

BOOKINGS:
<https://calendly.com/ssmba/ssmba-zoo-tickets>

EMAIL:
zootickets@ssmba.amba.org.au



University of Wollongong

EARLY START DISCOVERY SPACE

Special SSMBA price: \$4 per ticket
(Children under 1yr do not need a ticket)

Simply:

1. Log in to your TidyHQ account to purchase ESDS tickets
2. Wait for your SSMBA email containing your codes
3. Follow the email instructions to book your visit directly with Early Start Discovery Space

TICKETS:
<https://ssmba.tidyhq.com/public/shop/products>

EMAIL/INFORMATION:
discovery@ssmba.amba.org.au

SSMBA Information



SSMBA
Southern Sydney Multiple Birth Association

MEMBERS BUSINESS DIRECTORY SHOUT OUT!

Do you have a business that could help out your fellow SSMBA members?

We are working to create a FREE simple directory listing to connect our members.

Please send your business name, business type and contact details to Sarah Weedon Campbell:
BUSINESSDIRECTORY@SSMBA.AMBA.ORG.AU

SSMBA Committee

Meeting Minutes

http://ssmba.amba.org.au/committee-meeting-mins?fbclid=IwAR2fO_9VnUvSOyEeTlaNIDD3cY5TR8FafLTbKkWMxj_BNBSEMsZwkkyT65U



SSMBA
Southern Sydney Multiple Birth Association

LOOKING TO

ADVERTISE YOUR BUSINESS?

OR KNOW SOMEONE WHO IS?

ADVERTISING IS NOW AVAILABLE IN OUR MONTHLY NEWSLETTER & IN OUR FACEBOOK GROUP

For more information, please contact advertising@ssmba.amba.org.au

SSMBA Information—Continued



SSMBA
Southern Sydney Multiple Birth Association

EQUIPMENT HIRE

Contact equipment@ssmba.amba.org.au

Collection Locations Woronora Heights (Sutherland Shire) & Mount Annan (MacArthur)

	 <p><small>*We supply pump only. You will need to buy your own attachments (usually available from your hospital)</small></p>	
<p>Twin Breastfeeding Pillow \$30 for 6months</p>	<p>Medela Symphony Breast Pump* \$15 per week (\$100 deposit)</p>	<p>Baby Bumbles Twin Feeding Pillow \$30 for 6months</p>



Free! Watch an AMBA webinar in the comfort of your home

AVAILABLE TO SSMBA MEMBERS **ON DEMAND 24/7**
Simply use the relevant Discount Codes below

<p>SCHOOL READINESS schoolmembers</p>	<p>SUPPORTING HEALTHY R'SHIPS & IDENTITY IN MULTIPLES identity20</p>
<p>SLEEP, BEHAVIOUR & FOOD (DISABILITIES & SPECIAL NEEDS) 20mandy2</p>	<p>SLEEP, BEHAVIOUR & FOOD (TODDLER & PRESCHOOL) 20mandytoddlers</p>
<p>EMOTIONAL WELLBEING 20AMBAPANDA</p>	<p>FEEDING, SLEEPING & ROUTINES (BABIES 6-12MTHS) 20blissfulparenting</p>
<p>FAMILY-FRIENDLY ROUTINES (BABIES 3-6MTHS) 20blissfulroutine</p>	<p>HOME-BASED SCHOOLING DrEnglish2020</p>
<p>MANAGING REALITIES OF PARENTING (0-3MTHS) 20blissfulmembers</p>	<p>THE UNEXPECTED TEACHER: REMOTE LEARNING TIPS (No code required)</p>

<https://www.amba.org.au/families/resources/webinar-series>





LOOKING FOR CHILDCARE?

Limited Immediate Vacancies

Early Education Centres: Birth - 5 years
Family Day Care: Birth - 5 years

Apply now for care in 2022

Demand for quality childcare is strong in the Sutherland Shire. Apply early!

W sutherlandshire.nsw.gov.au/childcare
T 02 9710 0466



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Passionate about providing practical, innovative and fun products to make raising multiples that little bit easier.

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Southern Sydney Multiple Birth Association

Website www.ssmba.amba.org.au

Email contact@ssmba.amba.org.au

Facebook group www.facebook.com/groups/ssmba

Facebook page www.facebook.com/southernsydneymultiplebirthassociation

SMOKE DETECTOR AWARENESS

SSMBA SPECIAL

DO YOU NEED YOUR EXISTING SMOKE ALARM REPLACED?

<p>240V HARDWIRED + 9V BACK UP BATTERY 5 YEAR WARRANTY RRP \$180</p> <p style="color: red; font-weight: bold;">SSMBA \$150*</p> <p><small>*EXCLUDES GST</small></p>	<p>240V HARDWIRED + 10 YEAR LITHIUM BATTERY 5 YEAR WARRANTY RRP \$220</p> <p style="color: red; font-weight: bold;">SSMBA \$185*</p> <p><small>*EXCLUDES GST</small></p>
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*T&Cs APPLY



Contact us
0403 437 833
info@airelectrixaustralia.com.au



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