

May 2020 Newsletter

Editor's Message

By Jess Young

Hi everyone!

Hope you and your families are all safe and well?

Please note that all SSMBA events, play dates and play groups are still suspended pending ongoing Government and health advice.

This month we celebrated Mother's Day on Sunday 10th May, as we thanked all of our wonderful mothers for all that they have done and continue to do. Hope all of our multiple mums had a very Happy Mother's Day!

Also happening this month is National Families Week @HOME, 15th—21st May. This year the theme is 'Stronger Families, Stronger Communities'. There are 10 Top Tips for this theme to provide ideas for families to celebrate together at home. As we continue to work together to support each other and to keep our communities healthy and safe, I'm sure top tip 3 resonates with us all right now!

For additional resources and colouring-in activities for the kids, please visit <https://nfw.org.au/get-involved/resources/>

What's on this month...	
18/05	SSMBA Committee Meeting
And in June 2020...	
15/06	SSMBA Committee Meeting





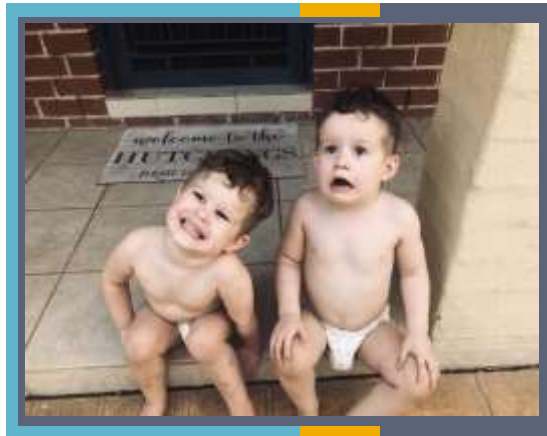
**Happy 1st Birthday to our adorable twins,
Rayaan & Raima**

You are the sunshine of our life. May you both shine as a bright star in your future life. Love from Mum & Daddy



Happy 1st Birthday Sam & Abby

Mum, Dad and Ellie love you.
Thank you for all the play and smiles.



**Happy 3rd Birthday
Ashton & Jayden**

Love you guys always.

Mum, Dad & Nathan
(Ashton Right, Jayden
Left)



**Happy 2nd Birthday to our beautiful,
cheeky & full of sass twincesses,
Evie & Isla**

You bring everyone around you so much joy and happiness. Love Mummy & Daddy

**Happy 2nd Birthday to our little climbers,
Casey & Cameron**

You continue to amaze us everyday with each new learned skill and word. We love you very much and hope that the next skill you learn is sleeping in your beds at night!
Love, your tired Mommy and Daddy and big brothers Connor & Isaac



Upcoming Events



SSMBA
Southern Sydney Multiple Birth Association

ALL PLAYGROUPS AND PLAYDATES CANCELLED

DUE TO COVID-19 ALL PLAYGROUPS AND PLAYDATES ARE SUSPENDED UNTIL FURTHER NOTICE PENDING ONGOING GOVERNMENT AND HEALTH ADVICE.

WE HOPE YOU CAN JOIN US AT YOUR NEXT LOCAL EVENT AFTER THIS TIME.

PLEASE CHECK FACEBOOK FOR UPDATES AS NEW INFORMATION BECOMES AVAILABLE.



AMBA NSW
Association Multiple Birth Association (NSW) Inc.

Online get-together

Grab a tea/coffee/wine and connect with AMBA members in an online environment

Every Wednesday night 8:30pm

GoToMeeting
gotomeet.me/AMBANSW

SSMBA Information



SSMBA EQUIPMENT HIRE

	<p>MEDELA SYMPHONY BREAST PUMPS \$15 PER WEEK \$100 DEPOSIT – YOU WILL NEED TO BUY A DOUBLE PUMP KIT</p>		<p>BABYBUMBLES TWIN FEEDING PILLOW \$10 PER MONTH \$40 DEPOSIT</p>
	<p>TWIN BREASTFEEDING PILLOW \$30 FOR 6 MONTHS \$40 DEPOSIT</p>		
	<p>UNIMOM BREAST PUMP \$10 PER WEEK \$100 DEPOSIT – YOU WILL NEED TO BUY A DOUBLE PUMP KIT</p>		

CONTACT
equipment@ssmba.amba.org.au
to hire or for more information

SSMBA Committee Meeting Minutes

[http://ssmba.amba.org.au/committee-meeting-mins?](http://ssmba.amba.org.au/committee-meeting-mins?fbclid=IwAR2fO_9VnUvSOyEeTlaNIDD3cY5TR8FafLTbKkWMxj_BNBSEMsZwkkyT65U)

[fbclid=IwAR2fO_9VnUvSOyEeTlaNIDD3cY5TR8FafLTbKkWMxj_BNBSEMsZwkkyT65U](http://ssmba.amba.org.au/committee-meeting-mins?fbclid=IwAR2fO_9VnUvSOyEeTlaNIDD3cY5TR8FafLTbKkWMxj_BNBSEMsZwkkyT65U)




APPLY NOW FOR CARE IN 2020

Fun | Nurturing | Educational | Safe

sutherlandshire.nsw.gov.au/Childcare

CHILDREN'S SERVICES

T 02 9710 0466



REBECCA'S DANCE STUDIO

rdrebecca@gmail.com
www.rdscamden.com.au
Rebecca's Dance Studio
@rdscamden

Conveniently located in Camden, RDS offers a variety of classes for all ages! Join the RDS family in 2020!



FRAME & CO
HANDMADE - GIFT - FRAMES

Keypieces for any occasion

10% off
For SSMBA members

frameandco@hotmail.com
0470 010 728



ACROGYM MINI-GYM
ENGADINE & MEMAI

WWW.ACROGYM.COM.AU



Don't let those precious moments in life pass you by. Capture them now and treasure them forever.
SSMBA Member Only Offers*

<p><i>Family Portrait Sessions</i> \$200 (save \$100) 1 Hour Session in location of your choice** 10 High Resolution Images on USB One 12x18 Print of own choice</p>	<p><i>Mini Family Sessions</i> \$100 (save \$50) 30 mins session in location of your choice** 5 High Resolution Images on USB</p>
--	--

To book & secure your session contact Amye
 E: amy@panoramicphoto.com.au
 M: 0421 571 568
 facebook.com/panoramicphoto

Panoramic
 photography

*The promotion ends on 31/03/2020. Member of one of SSMBA. **Additional cost could apply if location is outside of SSMBA's area. Photos are subject to availability.



things for twins

Passionate about providing practical, innovative and fun products to make raising multiples that little bit easier.

Proud supporters of the Australian Multiple Birth Association. Contact us for member discounts.
thingsfortwins.com.au

